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February Roundup

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Waiting area is outdoors; bring a jacket and be prepared to wait one's turn. Information: (575) 526-4334 or brightstardental.blogspot.com.

Parking is at Young Park on Walnut; free shuttle to the dental office begins at 6 a.m. The parking lot at the dental office will be unavailable for parking during the event.

Dentistry From The Heart is a national project that has provided free dental care to over 60,000 people since the first event in 2001 at over 200 annual events nationwide.

Downtown Ghost Tours — El Paso Ghost Tour and Paso Del Norte Paranormal Society will host educational guided tours to go on real life paranormal investigations in the downtown area at 8 p.m. Fridays, **Feb. 3-24**, starting at The Percolator, 217 N. Stanton. Meet at 7:45 p.m. Participants will learn about ghost hunting equipment and the science behind the practice, and go inside some of El Paso's most haunted hotels with experienced paranormal investigators. Cost: \$15, plus tax. Reservations/information: 1-877-GHOST-10 or elpasoghosttours.com.

Gastroparesis: A patients' perspective - The free informative forum for gastroparesis patients who would like to learn more about the condition is 9 a.m. to noon Saturday, **Feb. 4**, at Texas Tech University Health Sciences Center 4800 Alberta. Sponsored by GI Motility and Neurostimulation Research-Department of Internal Medicine. Information: 545-6513.

Latinitas — The nonprofit dedicated to empowering Latina youth offers regular creative expression workshops, exhibits and more. Information: 219-8554, latinitaselpaso@yahoo.com or latinitas-magazine.org.

• Chicas Advancing in Media Project free biweekly workshop for ages 13-18 is 10 a.m. to 1 p.m. Saturday, **Feb. 4** and **Feb. 18**, at Latinitas Headquarters, 1359 Lomaland, #502, for teen girls to develop their photography, writing and filmmaking skills.

• Creative Girls Saturday Camp is 1 to 3 p.m. the second Saturday of the month (**Feb. 11**) at Judge Marquez Public Library, 610 N.

Yarborough, and 10 a.m. to noon the third Saturday of the month (**Feb. 18**) at Richard Burges Public Library, 9600 Dyer. for girls in grades 4-8 (age 9-14). Girls are encouraged to learn creative ways to express themselves from designing fashion to taking photos and making a movie to creating art projects. Five sessions planned. Cost: \$5 material fee per workshop; \$15 for entire five sessions.

• The Latinitas College Bound workshop is 10 a.m. to 2 p.m. Saturday, **Feb. 25**, at the headquarters for girls ages 11-17 on college prep, goal setting, career exploration and leadership.

• Latinitas hosts its Multimedia Spring Break Camp 9 a.m. to 4 p.m. Monday through Friday, **March 12-16**, at the Latinitas Headquarters for girls in grades 4-8. Pre-registration required; limited number of scholarships available.

The organization is seeking volunteer mentors in various areas including helping organize leadership conference, college field trips and girl empowerment clubs aimed at helping young Latinas build confidence. Volunteer information sessions are 6 p.m. Tuesday, **Feb. 7 and 21**, at the headquarters.

Grant Foundation classes — The Thomas Branigan Memorial Library, 200 E. Picacho in Las Cruces, hosts monthly adult classes for

about foundation fundraising in the library's computer training room, second floor. Classes begin at 10 a.m. on selected Tuesdays.

Registration required. Information/registration: (575) 528-4005 or library.las-cruces.org.

- **Feb. 7** — Introduction to Finding Funders
- **March 6** — Getting Started with Foundation Grants to Individuals Online.

Southwest Character Council — The council's monthly luncheon is 11:45 a.m. to 1 p.m. Wednesday, **Feb. 8**, at Great American Land and Cattle Company, 701 S. Mesa Hills. Cost: \$10 (includes lunch, networking and training). Cash or check only. Information/RSVP: 779-3551.

Dynamic Women2Women networking luncheons — The Women's Business Border Center of the El Paso Hispanic Chamber of Commerce hosts an informational series to provide small business owners with a forum to network, discuss business challenges, and celebrate successes 11:30 a.m. to 1 p.m. the first or second Thursday of each month. Everyone is invited. Admission: \$25; includes lunch and materials. Information/RSVP: 566-4066 or ephcc.org.

The **Feb. 9** luncheon is at El Paso Club, 201 E. Main, 18th Floor. Guest speaker Romie Ruiz, Executive Director of Ronald McDonald House Charities of El Paso, will discuss how to run a successful business on a shoestring budget.

'Help for Survivors' seminar — Cec Murphey and Sue Cameron will lead a seminar for male and female survivors of abuse and those who care about them 9 a.m. to 2:30 p.m. Saturday, **Feb. 11**, at Coronado Baptist Church, 501 Thunderbird. Child care for age 5 and younger with RSVP by Feb. 7. Cost: \$15 (includes lunch and the book "When a Man You Love Was Abused"); free for seminar alone. Information: 373-2706 or help4survivors.com.

Murphey is a New York Times' bestselling author, international speaker, and survivor, who has written or co-written more than 120 books, including the runaway bestseller "90 Minutes in Heaven (with Don Piper)." To help shatter the silence of male sexual abuse, he wrote "When a Man You Love Was Abused: A Woman's Guide to Helping Him Overcome Childhood Sexual Molestation" and has a blog for male survivors at menshatteringthesilence.blogspot.com.

Cameron is a local author, speaker, Bible teacher and survivor. Her work has appeared in Christian magazines, teen publications and over a dozen devotional books, and she is a frequent workshop leader at Christian Writers Conferences. Her forthcoming book is "Hope, Healing and Help for Survivors of Sexual Abuse."

Raw Foods Workshop — Raw Food Rules will offer a Next Step Workshop "Learning to Sprout Living Foods" 9 a.m. to 1 p.m. Saturday, **Feb. 11**. Learn the steps in sprouting living foods from selecting seeds and learning the nutritional benefits, to soaking and enjoying sprouts. Cost: \$89.99. Information/location: 224-0447, rfr@knyra.com or rawfoodrules.com.

Osher Lifelong Learning Institute — The popular UTEP program offers non-credit classes for people age 50 or older. The Spring 2012 classes begin Monday, **Feb. 13**.

The membership program is part of UTEP's College of Liberal Arts and supported in part by the Bernard Osher Foundation. Registration: \$60, plus \$25 for the one-time CLL membership fee.

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GO WILD AT THE EL PASO ZOO

Join us for upcoming special animal programs and hands on activities. Visit elpasozoo.org/adventure for more information and to register.

Feb 10. I ♥ Animals Sleepover
Feb 11. Valentines Night Prowl
March 9. Spring Fever Sleepover
March 12-16. Spring Break Camp
March 19-23. Spring Break Workshops (10am & 2pm)

EL PASO ZOO

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Marmoset photo courtesy cheyennemountainzoo

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