

# YOGA FOR LIFE

westtexas-yoga-for-life.com

Iyengar Yoga classes at our Westside Studio, **111 Rio Flor** (1 block off North Mesa between Thunderbird & Camille)

## Summer Session Classes Through Sat. Aug. 28

All Levels

Mondays, Thursdays, Saturdays: 9-10:30 a.m.

Mondays, Tuesdays, Thursdays: 6-7:30 p.m.

Sundays:

10-11:30 a.m. and 4-5:30 p.m.

### Yoga for Beginners

Tuesdays: 9-10 a.m. (June 8-29)

Advanced

Wednesdays: 6-7:30 p.m.

Studio closed July 2-5

Drop-in fee/\$10 • 6 classes/\$50  
12 classes/\$100 • 24 classes/\$110  
Unlimited classes each session/\$120

### Information

Carol, 490-6013 or Jean, 591-3634

Iyengar Yoga classes also offered 6-7:30 pm Tuesdays & Thursdays at Champion Dance Studio, 12410 Montwood. Information: Jean, 591-3634

# paseo

CHRISTIAN CHURCH

paseochristian.com

443.2406

## Paseo @ The Percolaor

217 N. Stanton (between Texas & Mills)

9 am

11 am

church for the rest of us

## August Roundup

Cont'd from Page 7

tures a group of international graphic designers who use posters to engage important contemporary and social issues. Also featured is "Solidarity and Struggle: The Politics of Graphic Design in Mexico during and after the Revolution" in the center's Project Space. Information: 747-6151 or rubincenter.utep.edu.

**Tumblewords Project** — The free writing workshops are 12:45 a.m. to 2:45 p.m. Saturdays at Memorial Park Public Library, 3200 Copper. Information: 328-5484 or tumblewordsproject.com.

• **Aug. 7** — "Songs to Prompt the Muse" with John Martin Williamson.

• **Aug. 14** — "Trouble in Mind," Karla Lopez.

• **Aug. 21** — "Traditions," Carmen Chapa.

• **Aug. 28** — "Bloody Murder (She Wrote)," Robin Scofield.

**Neighborhood Summit** — Neighborhood Coalition of El Paso and City of El Paso Community and Human Development Neighborhood Services Division will host the 6th annual citywide neighborhood conference 8 a.m. to 2 p.m. Saturday, **Aug. 7**, at Ysleta Independent School District's Administration and Cultural Arts Center, 9600 Sims, with educational workshops, network building among neighborhood associations and more. More than 25 city and community information vendors will be present. Admission is free. Information: 541-4377 or 541-4721.

**Smelertown-Buenavista Reunion** — The historic neighborhoods will host their 26th reunion 8 p.m. to midnight, Saturday, **Aug. 7**, at El Maida Shrine Temple, 6331 Alabama, featuring dinner and dancing to Little Mike and The Blue Kings. Tickets: \$17 in advance; \$20 at the door. Information: 760-6414 or smelertown-buenavista@yahoo.com. Web: smelertown-buenavistareunion.com.

The annual four-man scramble golf tournament begins with a shotgun start at 9 a.m. Friday, **Aug. 6**, at Ascarate Golf Course, 6900 Delta. Open to the public. Cost: \$50 per player, plus cart and green fees.

The annual kermess is Sunday, **Aug. 8**.

**Latinitas** — The non-profit group for the empowerment of Latina youth offers regular media-related workshops, exhibits, camps and more. Information: 239.5051, or latinitas-magazine.org.

• An Alliance of Latinitas orientation is 5:30 to 7:30 p.m. Monday, **Aug. 9**, at Latinitas Headquarters, 1359 Lomaland, Suite 502. Pre-registration required: call 239.5051 or latinitaselpaso@yahoo.com.

• Saturday Camp for grades 4-8 — 1 to 3 p.m. Saturday, **Aug. 14**, at Judge Marquez Public Library, 610 N. Yarbrough.

• Teen girls interested in writing for TeenLatinitas.com meet 3 to 4 p.m. Saturday the second Saturday of each month (**Aug. 14**) at Judge Marquez Library.

**Junior Leadership El Paso** — Participants are sought **through Aug. 13** for the program for area high school juniors. Participants will receive a hands-on education about El Paso's issues, history, challenges and opportunities. Participants tour the region and meet face-to-face with leaders in business, government, the arts, health care, education, the military and economic development. Participation is free. Information: 534-0526 or elpaso.org.

Two students from each high school in the El Paso County will be selected through a competitive process. The program has expanded to include private and parochial school students.

**La Buena Vida Tours** — La Buena Vida Alpacas Ranch, 1090 Hwy 28 in La Union, hosts free tours 10 a.m. to noon Saturdays and Sundays in July. Visitors may see the animals, the workings of and alpaca ranch, and visit The Studio to see items made of wool. Information: (575) 589-4323 or labuenavidaalpacas.com.

Introduction to lace knitting classes are 10 a.m. to 1 p.m. and socks knitting class is 1 to 4 p.m. Saturdays, **Aug. 14-28**. Pre-registration required; space is limited. Cost: \$40 per class.

**Community Solutions mentor orientation** — Community Solutions of El Paso will hold mentor orientation and training 9 a.m. to 2 p.m. Saturday, **Aug. 14**, for those interested in volunteering to serve as an individual or team mentor. Lunch provided. Call for location. Information: 861-7733, solutionsforel Paso.org.

Community Solutions provides services to children having parents who are incarcerated.

**'Back to School Makeover' Essay Contest** — TeenLatinitas.com digital magazine by and for Latinas is taking essay submissions from high school-aged girls **through Aug. 16** for its Back to School essay contest. Essays should be 450-750 words in length. Submissions may be sent to latinitaselpaso@yahoo.com, posted online at MyLatinitas.com. Information: 239-5051 or latinitasmagazine.org.

Girls describe why they are proud of their Latina culture. Winner will win a free professional hairstyle, make-up consultation and photo shoot.

**Sales Tax Holiday** — Most clothes and shoes prices under \$100 can be purchased tax-free Friday through Sunday, **Aug. 20-22**, during Texas' annual Sales Tax Holiday. Most clothing and footwear priced under \$100 are exempt from sales taxes. Customers may purchase as many tax-exempt items as they wish. Information: 1-800-252-5555.

**Back to School Expo** — The annual tax-free weekend expo is Saturday and Sunday, **Aug. 21-22**, Cielo Vista Mall. Admission is free. Information: 544-9550 or klaq.com.

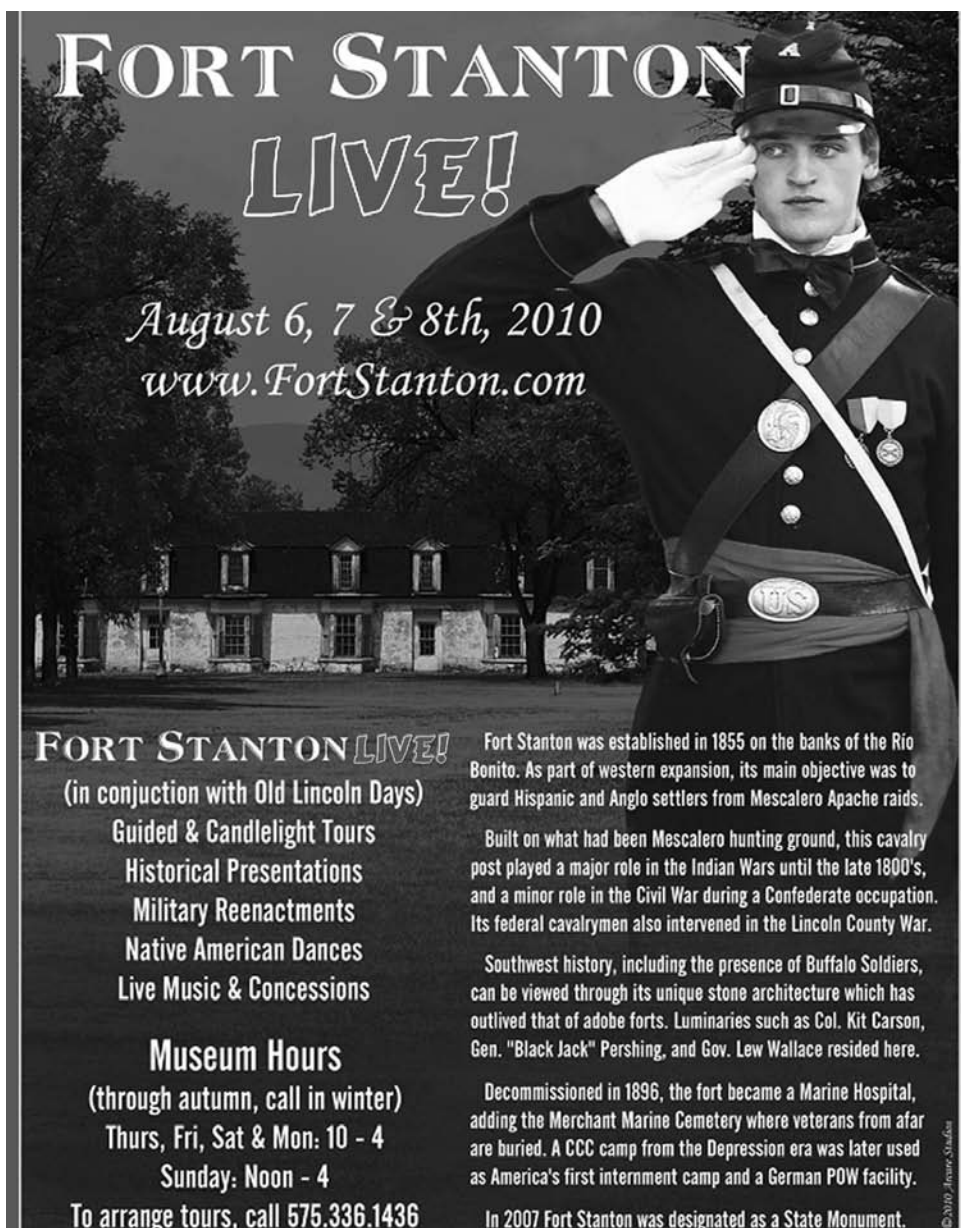
**'Neighborhood Watch: A Projection Walk'** — El Paso Neighborhood Watch Collective's 4th annual one-night event is 6 to 9 p.m. Saturday, **Aug. 21**, at Munday Park, 1299 Yandell (at Upson). Participants will be able to follow the path of artwork marked by Neighborhood Watch guides and meet the artists who make up El Paso's Neighborhood Watch Collective. Admission is free. Information: 407-8038 or nhwproject.info.

**'Keep On Dancing' cancer seminar** — Rio Grande Cancer Foundation hosts the education seminar for cancer survivors, patients and caregivers Saturday, **Aug. 28**, at El Paso Marriot, 1600 Airway. Cancer survivors can take part in presentations and panel discussions. Guest speaker is singer-songwriter Karen Taylor Good. Information/registration: 562-7660 or rgcf.org/KOD.

**Back-to-school immunizations** — The City of El Paso Department of Public Health offers back-to-school immunizations for school-age children, including the vaccines students must have under new state requirements to take effect Aug. 1. Cost: \$10 for one vaccine; \$20 total if two or more vaccines are provided during the same visit. Information/appointments: 771-5822.

Vaccines are provided by appointment or on a walk-in basis at the program's five health centers: Henderson, 721 S. Mesa; Northeast, 5587

Please see Page 10



# FORT STANTON LIVE!

August 6, 7 & 8th, 2010  
www.FortStanton.com

**FORT STANTON LIVE!** (in conjunction with Old Lincoln Days)  
Guided & Candlelight Tours  
Historical Presentations  
Military Reenactments  
Native American Dances  
Live Music & Concessions

**Museum Hours**  
(through autumn, call in winter)  
Thurs, Fri, Sat & Mon: 10 - 4  
Sunday: Noon - 4  
To arrange tours, call 575.336.1436

Fort Stanton was established in 1855 on the banks of the Rio Bonito. As part of western expansion, its main objective was to guard Hispanic and Anglo settlers from Mescalero Apache raids. Built on what had been Mescalero hunting ground, this cavalry post played a major role in the Indian Wars until the late 1800's, and a minor role in the Civil War during a Confederate occupation. Its federal cavalrymen also intervened in the Lincoln County War. Southwest history, including the presence of Buffalo Soldiers, can be viewed through its unique stone architecture which has outlived that of adobe forts. Luminaries such as Col. Kit Carson, Gen. "Black Jack" Pershing, and Gov. Lew Wallace resided here. Decommissioned in 1896, the fort became a Marine Hospital, adding the Merchant Marine Cemetery where veterans from afar are buried. A CCC camp from the Depression era was later used as America's first internment camp and a German POW facility. In 2007 Fort Stanton was designated as a State Monument.